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Preoperative Instructions

- 1. Do not take any Aspirin or Ibuprofen at least seven (7) days before surgery. If needed, you may take regular Tylenol.
- 2. Do not eat or drink anything after midnight the night before your surgery. Your surgery may be cancelled if you do.
- 3. If you are diabetic and take Metformin, stop taking it 48 hours before surgery.
- 4. Please take 2 Fleet Enema's at 6:00am. If your procedure is scheduled for 7:30 am, bring them with you to the hospital and administer there.
- 5. Do not bring any valuables with you to the hospital.

If you have any questions, please feel free to call our office. (505) 559-4495