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### ***Preoperative Instructions***

1. Do not eat or drink anything after midnight the night before your surgery. Your surgery may be cancelled if you do.
2. If you are diabetic and take Metformin, stop taking it 48 hours before surgery.
3. Do not bring any valuables with you to the hospital.

### ***Postoperative Instructions***

- It is normal to experience mild cramping for a few days after the procedure.
- No intercourse or douching for 2-3 weeks or until cleared by your surgeon.
- Call for persistent foul smelling discharge or increased vaginal flow.
- Call for fever (greater than 100.4 degrees), heavy bleeding, or pain that is unable to be controlled with your pain medication.
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***If you have any medical questions please feel free to call our triage nurse by pressing option #4 when calling our office.  
(505) 559-4495***

***For any surgery scheduling questions you may press option #3 to reach one of our surgical coordinators.***